

DEPARTMENT OF PSYCHOLOGY

INTRODUCTORY PSYCHOLOGY (CORE-1)

PSO-1.

1. The course is designed to provide the student a basic understanding of the psychology of human behaviour.
2. The students will be given exposure to concepts, terminology, principles and theories that are a part of Introductory psychology.

CO 1.

- 1) To help the students know the source and processes of development of modern scientific psychology.
- 2) To help student develop a scientific temperament in studying.
- 3) To understand human behaviour.
- 4) To understand the physiological and biochemical links of human behaviour.
- 5) To gain knowledge of scientific methodology the variety of ways in which psychological data are gathered and evaluated and interpreted.

BASIC DEVELOPMENTAL PROCESSES (CORE – 2)

PSO 2.

1. The course is designed to expose students to a basic understanding about the fundamental concerns of developmental psychology and provides example of the following three dimensions of development – growth, differentiation and orderly progression.

CO 2.

- 1) To gain key ideas about human development and the perspectives to understand such development.
- 2) To help the students understand the significance of prenatal period for human development.
- 3) To help the students understand the developmental preparations of the childhood and the implications of developmental milestones for the normal human development.
- 4) Understand the processes of formation of life and development during pre and post-natal periods.
- 5) To understand about the different aspects of preparation for future life.

Basic Psychological Processes (Core-3)

PSO 3.

1.The course is designed to provide the student a basic understanding of the psychological process from sensation to thought and communication.

2. The student will be given exposure to the concepts, terminology, principles and theories relating to each of the mental processes that constitutes human psychology.

CO 3.

1. To help the students understand the mental process to begin with sensation and perception up to how it results in thoughts and communication.

2. To help students gather knowledge about the structural and functional dynamic of each of the mental processes and their interconnectedness.

3. To understand the structural and functional properties of language and way it helps thought, communication, problem solving and decision making thought development of concept, words, images and so on.

4. To understand the basic sensory actions and the process of integration of sensory actions in creating and interpreting perceptual events.

5. Gain knowledge of the important process and principles of human learning as well as the structural functional attributes of human memory to help conserve the learning outcome.

Process of Human Empowerment (CORE 4)

PSO 4.

1.Human empowerment is ultimately an individual condition of gaining power to control and moderate changes in one's own life those are considered important to one's identity and adjustment .

2. The purpose of the course is to introduce to the students the basis of human development and how the empowerment processes are strengthened and improved.

CO 4.

1. To help student gain ideas about intelligence and personality as foundation of human empowerment.

2. To make students understand how motivation and emotion are empowering processes to human development.

3. To help students gain insight into human behavior as products of empowerment.
4. To know the structural components and functional dynamics of both intelligence and personality.
5. Understand the significant aspect of social behavior as resulting in happiness, well being and personal growth.

Psychological Statistics (CORE 5)

PSO 5

1 The course is designed to equip students with knowledge in the fundamentals of statistics and research method so that they understand the application of statistics to different research problems in psychology.

CO 5

1. To help students develop knowledge and understanding of the application of statistics with psychology.
2. To help student develop critical thinking for application of appropriate statistical analysis in psychological research.
3. To understanding the nature of psychological variables and how to measure them using appropriate scale.
4. The processes of describing and reporting statistical data.
5. To understand the method of drawing inferences and conclusion for hypothesis testing by using appropriate statistical analysis.

Social Psychology (CORE 6)

PSO 6.

1. It is the scientific study of the nature and causes of human behavior in a social context.
2. It also explains how social psychologists think about and study human behavior to introduce the body of knowledge and underline principles that currently exist in the field to encourage reflection about the implications of social psychology for the situation we encounter in everyday life.

CO 6.

1. To help student develop awareness of the concepts, problems and issues in the discipline of social psychology.

2. To make students understand the individual and groups in respect to patterns of social behavior and attitudes.
3. To help students gain insight in to the dynamics of inter group relationships conflicts, prejudice and cooperation.
4. Understand the signification of social cognition, attitudes, stereotypes and prejudices in explaining human behavior in the social contexts.
5. Understand the significant aspects, group behavior and social influences that constitute the core of human relationship.

Environmental Psychology (CORE 7)

PSO 7

1. Environmental psychology in an inter discipline field focused on the interplay between individuals and their surroundings.
2. The field defines the term environmental broadly learning environment and informational environments.

CO 7

1. To highlight the simultaneous mutual interaction of environment and behavior.
2. To delineate psychological approaches to the study of environment.
3. To discuss the impact of ecological degradation and the need for enhanced awareness programmes.
4. To understand the interactional relationship between environment and behavior.
5. To understand different psychological approaches to the study of man-environment relationship.

PSYCHOPATHOLOGY (CORE 8)

PSO 8

1. It refers to the study of mental illness.
2. It is designed to exposé students to the key concepts in psychopathology as well as the major theories associated with the etiology and treatment of psychology disorders and disabilities.
3. Students will be able to understand the distinction between normal and abnormal and the qualities that an used to

differentiate what is typical versus atypical through citation of different disorders.

CO 8

1. To help students define and understand the basic concepts underlying psychopathology and the perspectives which contribute to the development of modern pathology.
2. To help understand the assessment techniques for identifying and classifying maladaptive behavior and mental disorders.
3. To guide students gain specific knowledge about different types of mental disorders.
4. To understand the differences between normality and abnormality along with the perspectives explaining them.
5. To know the importance and the use of assessments techniques in identifying different forms of maladaptive behavior.

Educational Psychology(CORE 9)

PSO 9

1. This course provides an introduction to concepts, theories and research in educational psychology.
2. The topics covered includes cognitive development during school years, classroom management, constructional approaches, motivation assessment and individual differences.

CO 9

1. To help students understand human development by using mainly on the year of formal education including those with ability differences.
2. To make students understand the ways that educators motivate their students to learn and strive for excellence.
3. To make students explore the ways that educators manage learning environment to maximize learning and social cohesion.
4. To understand the role of motivation on learning and classroom behavior.
5. To identify commonly used standardized test, their strengths and limitation and use in school settings.

PSYCHOLOGICAL ASSESSMENT (CORE 10)

PSO 10

1. The course is designed to expose students to a basic understanding about approaches to psychological assessment .

2. To develop skills in the administration and interpretation of psychological tests.

CO 10

1. To train students in various psychological assessment techniques.
2. To impart skills necessary for selecting and applying different tests for different purposes such as evaluation, training and rehabilitation.
3. To understand the process of test construction and standardization.
4. Understand about the assessment of different types of skills and abilities.

Organizational Behavior (CORE 11)

PSO11.

1. The course provides an over view of the main field of organizational and personnel psychology.
2. It focuses on topic such as organizational system work behavior, attitudes and motivation as related to organizational set up.
3. Management of power and politics in the organization and finally development and evaluation of human resources for sustainable growth of an organization.

CO 11.

1. To help students able to understand the structure function and designs of different organization.
2. To make students understand the processes of group decision making and leadership function in different organization.
3. To make student understand the theories of work motivation and related issues of power and politics in the organizational set up.
4. To help students demonstrate professional skills in the evaluation management and development of human resources in the organization.
5. To identify steps manager can that to motivate employees in the perspectives of the theories of work motivation.

Health Psychology (Core 12)

PSO 12

1. It is a specialty area that focuses on how biology, psychology, behavior and social factor influence health and illness.

2. This course is designed to provide an introduction to the area of health psychology to help students understand how health psychology as a specialty within psychology addresses the role of behavioural factors in health and illness.

CO 12

1. To help the students understand the issue of health psychology and how to address them by the bio-psychosocial models of health and illness.
2. To help the student to describe behavioral factors that influence health and illness.
3. To guide the student understand about health enhancing behavior including coping with illness.
4. To understand the significance of behavioral and psychological correlates of health and illness.
5. To understand the significant aspects coping and importance of health enhancing behavior.

Counseling Psychology (CORE 13)

PSO 13

1. The course is designed to develop entry level counseling psychologist who will be capable of understanding and demonstrating behavior and attitudes in the basic areas of professional counseling.

CO 13

1. To help students able to understand and integrate current scientific knowledge and theory in to counseling practice.
2. To make students learn the history and professional issues related to counseling psychology.
3. To help student integrate and convey information in their core areas of counseling practice.
4. To help students demonstrate professional behavior in their various roles as counseling psychological.
5. To understand the basics of counseling processes, counseling relationships and counseling ethics and how to counsel students ,families , couples, distressed and handicaps.

POSITIVE Psychology (CORE 14)

PSO 14

1. It is the scientific study of optimal human functioning to help people flourish.
2. It not only helps students to understand the core theories of positive psychology but also equips them with the helpful positive interventions in various areas of professional psychology such as clinical, health, education organization and community.

CO 14

1. To help students understand the rational behind positive psychology.
2. To guide students to identify and analysis the key conceptual and theoretical framework underpinning positive psychology.
3. To guide and encourage students to appreciate the contribution of scholars form a range of disciplines and their influence on developing a positive approach to mental issues.
4. To make student understand and apply a strength based approach to mental health issues.
5. To realize the goal of positive psychology and the basic behavior pattern that result in positive human growth from the point of view of leading positive psychologist.

Contemporary applied psychology (CORE 15)

PSO 15

1. Applied psychology in the use of psychological principles and theories to overcome problem in real life situation.
2. Mental health, organizational psychology ,counseling psychology, clinical psychology ,business management, education and law are just a few of the areas that have been influenced by the application of psychological principles and findings.
3. Some of the current areas of applied psychology include community psychology.
4. Psychology of the disadvantaged, psychology of economics development population psychology, gender psychology and defense .
5. The course in designed to help students understand the application of psychology to those new fields.

Dissertation/Research Project (CORE 16)

PSO 16

1. The research experience of students is greatly enriched by early exposures to conduct research.
2. They are better off in understanding published works, determine an area of interest, can discover their passion for research and may start their career as researchers.
3. Student will also be able to develop ability for scientific enquiry and critical thinking ability in the knowledge base and communication of psychology.

CO 16

1. To help students to learn how to develop scientific research design.
2. To guide students to understand previous research in their fields of interest and review them to arrive at a research problem.
3. To encourage the students to learn ways to describe and measure human behavior.
4. To help student understand the logic of hypothesis testing and application of appropriate statistical analysis.
5. To help students learn the method of writing a research report.